

# Out to Lunch investigation methodology 2024

If you have any questions about the Out to Lunch research methodology, please contact Oona Buttafoco, Senior Policy Officer at Soil Association (<u>obuttafoco@soilassociation.org</u>)

The 2024 Out to Lunch league table will be constructed based on information from three sources:

#### 1. Online menus on restaurant websites

Restaurants will be surveyed in July-August 2024. Any questions not answered via the online menu will be checked by a phone call to customer services or a visit to the restaurant.

### 2. A survey of all chains, completed in July - August 2024

Surveys will be sent by email in July 2024, chains will be given until end of August to respond. If the survey is not returned in time, a further one-week extension may be requested. Emails will be followed up by phone calls in instances where restaurants are unresponsive.

Restaurants will be notified from the outset that if they do not provide answers to the survey by the deadline given, they will receive the lowest score available in these areas.

### 3. A field survey of chains conducted by parents across the UK

A representative sample of parents will be asked to visit and survey two predetermined restaurants. An average of the scores given will be used for the league table. Each chain will be surveyed roughly three to five times by different parents.

The information gathered will be evaluated by the Soil Association and parents against a set of criteria, designed to test the provision of:

Food you can trust

This means – serving fresh, traceable, sustainable and ethically sourced food

A healthy choice

This means - providing variety and making healthy eating easy

**Family friendly** 

This means – welcoming children and treating them well and accommodating parent needs

### These criteria were chosen to reflect:

- What is important to parents based on a representative survey of 1500 parents conducted in February 2013 and a further survey of more than 2000 self-selecting parents in April 2015 and 2017.
- The School Food Standards
- Voluntary Food and Drink Guidelines for Early Years Settings in England
- Good practice proven to be achievable in over 1.8 million meals served to <u>Food for Life</u> <u>Served Here standards</u> each day
- Eating Better Alliance
- Sugar Reduction Programme Action on Sugar

## The scoring table for these criteria is detailed below.

Key questions	How we will measure performance	Max score
Food you can trust		46
Does the menu indicate where ingredients come from? (Country of origin, supplier, farm)	No – 0pts In a few instances (1 or 2 separate ingredients on the menu) – 1pt In some instances (3+ separate ingredients) – 2pts	2pts
Where do ingredients come from (country of production)?	Record origin of: All meat products, 1x fish if on menu, 2x vegetables, 1x salads, 2x staples.	No score (background research)
	No meat is British – 0 points	
Is the meat on the menu British?	Some meat is British – 1 point	2pts
To the most on the mond British.	All the meat on the menu is British – 2 points	2010
	No/minority of meat (by meat type) farm assured – 0pts	
Is meat farm-assured/traceable to the farm?	Half or majority of meat (by meat type) – 1pt	2pts
	All meat is farm assured – 2pts	
	No – 0pts	
Is provenance information about meat on the menu available on request?	Some information provided, but not where food was originally produced – 1pt	2pts
	Clear and detailed response given, including where food was originally produced – 2pts	
Is food freshly made/prepared in the restaurant? (focusing on protein)	None or a minority of the protein on the menu (portion of meat, fish, plant-based protein or pulses) is prepared from scratch in the restaurant – Opts	

	Little Committee	
	Half or a majority of the protein	8pts
	on the menu (portion of meat, fish, plant-based protein or	
	pulses) is prepared from scratch	
	in the restaurant – 4pts	
	All the protein on the menu	
	(portion of meat, fish, plant-	
	based protein or pulses) is	
	prepared from scratch in the	
	restaurant – 8pts	
	None or a minority of the items	
	are cooked in the restaurant for	
	the first time	
Is food cooked for the first time in the	Half or a majority of the items	No score
restaurant? (please provide details about	are cooked in the restaurant for	(background
the 3 most popular meals)	the first time	research)
		,
	All the items are cooked in the	
	restaurant for the first time	
	Manufactured meat and fish	
Do manufactured meat and fish 'products'	'products' are included in half or	
dominate the menu? (hamburger,	+ of meals – Opts	
, –	Manufactured meat and fish	0
sausages, pies, pasties, sausage rolls,	'products' are included in	2pts
shaped or coated meat – nuggets,	minority of meals – 1pt	
meatballs, etc.)	Manufactured meat and fish	
	'products' are not included in	
	any meals – 2pt	
	None – 0pts	
	One to two organic ingredients –	
Is the choice of organic food given?	4pts	8pts
	Three+ organic ingredients –	
	8pts	
	Caged eggs used or no	
	information available – 0pts	
Are the eggs used free-range? (whole eggs	Mix of free-range and cages or	2pts
only)	barn laid – 1pts	2010
	All free range (includes organic)	
	-2pts	
	No accreditation – 0pts	
	A few (up to a third) are	
What animal welfare accreditation does	accredited – 1pt	
	Some (more than a third) meat	Ento
meat used have? (Welfare accreditation =	is accredited – 2pts	5pts
freedom food, free range, organic)	All meat is accredited – 5pts	
	Policy for using antibiotics	
	responsibly – 1pt	
	Restrictions on the highest-	
Do you have a publicly available policy on	priority critically important	
antibiotic use in the supply chain?	antibiotics – extra 1pt	3pts
	Collect data on antibiotic use in	
	the supply chain – extra 1pt	
	No policy – Opts	
	Tivo policy – opis	

	All suppliers are signatories of	
Where there is soya in your supply chain (e.g. for animal feed), are your suppliers signed up to the UK Soy Manifesto?	the UK Soy Manifesto (or 100%	
	deforestation-free certified) –	
	3pts	
	More than 50% of suppliers are	
	signatories of the UK Soy Manifesto (or 100%	
	deforestation-free certified) –	
	2pts	3pts
	50% or less suppliers are	
	signatories of the UK Soy	
	Manifesto (or 100%	
	deforestation-free certified) –	
	1pt	
	No suppliers are signed up /	
	Don't know – 0pts	
	Menu includes fish that is rated	
	5 on the MCS Good Fish Guide –	
Is there sustainable fish on the menu, are	minus 1pt  Menu does not include fish that	
you serving any fish that is rated 5 on the	is rated 5 on the MCS Good Fish	1pt
MCS Good Fish Guide?	Guide – Opts	TPC
Troo Good Fish Guide.	Menu includes MSC fish or fish	
	that is rated 1-2 on MCS Good	
	Fish Guide – 1pt	
	None – 0pts	
	Less than 50% – 1pt	2pts
What percentage of your total spend on fruit and veg is on UK produce?	More than 50% – 2pts	2010
	Signatory of Courtauld	
	Commitment 2030/WRAP Food	
	Waste Reduction Roadmap –	
Are steps taken to reduce the amount of	2pts	
food left uneaten/plate waste?	A policy for managing	2pts
rood left uneaten/plate waste?	1 . 0	Ζριδ
ļ <del></del>	plate/kitchen waste is in place –	Ζριδ
, <del></del>	1pt	Ζμιδ
, <del></del>	1pt (Details must be provided)	Ζμιδ
F	1pt (Details must be provided) No policy – 0pts	Ζμιδ
	1pt (Details must be provided) No policy – 0pts No ingredients contain palm oil	Ζμιδ
	1pt (Details must be provided) No policy – 0pts No ingredients contain palm oil – 2pts	Ζμιδ
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Is palm oil on the menu?  A Healthy Choice	1pt (Details must be provided) No policy – 0pts No ingredients contain palm oil – 2pts Only certified sustainable/organic palm oil – 2pts Palm oil is not certified/sustainable – minus 1pt  None or minority of meals are balanced – 0pt	2pts
Is palm oil on the menu?  A Healthy Choice  Are meals or meal options balanced?	1pt (Details must be provided) No policy – 0pts No ingredients contain palm oil – 2pts Only certified sustainable/organic palm oil – 2pts Palm oil is not certified/sustainable – minus 1pt  None or minority of meals are balanced – 0pt Half or majority of meals are	2pts
Is palm oil on the menu?  A Healthy Choice  Are meals or meal options balanced? (include one starchy food and one portion	1pt (Details must be provided) No policy – Opts No ingredients contain palm oil – 2pts Only certified sustainable/organic palm oil – 2pts Palm oil is not certified/sustainable – minus 1pt  None or minority of meals are balanced – Opt Half or majority of meals are balanced or can be balanced if	2pts
Is palm oil on the menu?  A Healthy Choice  Are meals or meal options balanced? (include one starchy food and one portion of protein, and at least one stand-alone	1pt (Details must be provided) No policy – Opts No ingredients contain palm oil – 2pts Only certified sustainable/organic palm oil – 2pts Palm oil is not certified/sustainable – minus 1pt  None or minority of meals are balanced – Opt Half or majority of meals are balanced or can be balanced if the set menu choices permit	2pts
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Is palm oil on the menu?  A Healthy Choice  Are meals or meal options balanced? (include one starchy food and one portion of protein, and at least one stand-alone	1pt (Details must be provided) No policy – Opts No ingredients contain palm oil – 2pts Only certified sustainable/organic palm oil – 2pts Palm oil is not certified/sustainable – minus 1pt  None or minority of meals are balanced – Opt Half or majority of meals are balanced or can be balanced if the set menu choices permit	2pts

Some and the starchy foods on offer in different meals? (bread, potatoes, pasta/noodles, rice, other grains)   Three starchy foods on offer - 1pt	in different meals? (bread, potatoes, pasta/noodles, rice, other grains)  Do chips accompany everything on the menu?  Does veg or a portion of salad come with	on offer – 0 points  Three starchy foods on offer – 1pt  Four+ starchy foods on offer – 2pts  Wholegrain/complex carbs available – 1pt  Chips are served with all meals on the menu – 0pts  Half or majority of meals have chips with them – 1pt  In a minority of meals, or chips are one of several options across the menu – 2pts  No meals have chips with them – 3pts  Veg or salad comes with half or	
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beans?    Three other veg options – 2pts	, , ,	Two other veg options – 1pt	3pts
Four+ other veg options – 3pts  None – 0pts  Do puddings contain a full portion of fruit (one of your 5 a day), and is fresh fruit available?  In a minority of puddings – 1pt  In half or majority of puddings – 2pts  Fresh fruit available – extra 1pt  No pudding exceeds 220kcal per portion – 1 pt  One or more puddings exceed  550kcal per portion – minus 1 pt	- /	Three other veg options – 2pts	
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No pudding exceeds 220kcal per portion – 1 pt One or more puddings exceed 550kcal per portion – minus 1 pt		•	
per portion – 1 pt One or more puddings exceed  550kcal per portion – minus 1 pt			
One or more puddings exceed	Are puddings an appropriate portion size? (Fresh fruit and no-added-sugar yoghurt	-	4pts
550kcal per portion – minus 1 pt			
Are huddings on appropriate parties size?   October per portion = Illinus   pr		550kcal per portion – minus 1 pt	
Are pudding contains more than			
(Fiesh Hult and no-added-sugar yognur   19g total sugar per portion = 3   4pts			
are counted as 'healthier puddings')  pts	are counted as inealthier puddings()		
No pudding contains more than		19g total sugar per portion – 3	]
2/10 total sugar per portion = 2		19g total sugar per portion – 3 pts	-
246 total sugai per portion – 2		19g total sugar per portion – 3 pts	

non-meat – 0pts	
None or <25% of the menu is non-meat – 0pts  25% or more of the menu is non-	
Is there a good choice of non-meat dishes?  (starters, mains, breakfast where	
applicable)    50% or more of the menu is non-   meat – 2pts	
75+% of the menu is non-meat – 3pts	
Meat free dishes are positioned at the top of the menu or	
Are meat free dishes displayed integrated within the main menu prominently on the menu?	
Meat free dishes at the bottom of the menu – 0pts	
Is oily fish included as a meal option?  No – Opts  1pt	
Yes – 1pt  Majority or half of meals contain	
fried ingredients – Opts	
How much of the food is deep fried? (fried in manufacture or kitchen)  Minority of meals contain fried ingredients – 1pt	
No meals contain fried	
ingredients – 2pts	
No, they are more expensive and/or meal deals limit choices	
to unhealthy options, e.g. it is	
to unhealthy options, e.g. it is more expensive to get extra veg	
to unhealthy options, e.g. it is more expensive to get extra veg – minus 2pts  to unhealthy options, e.g. it is more expensive to get extra veg – minus 2pts	
to unhealthy options, e.g. it is more expensive to get extra veg – minus 2pts  All meals the same price –  Opts	
to unhealthy options, e.g. it is more expensive to get extra veg – minus 2pts  Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or solad, high sugar, or inclusion of fried food.  to unhealthy options, e.g. it is more expensive to get extra veg – minus 2pts  All meals the same price – minus 1pt	
to unhealthy options, e.g. it is more expensive to get extra veg — minus 2pts  Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  to unhealthy options, e.g. it is more expensive to get extra veg — minus 2pts  All meals the same price — minus 1pt  All meals the same price and all	
to unhealthy options, e.g. it is more expensive to get extra veg – minus 2pts  Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  to unhealthy options, e.g. it is more expensive to get extra veg – minus 2pts  All meals the same price – minus 1pt  All meals the same price and all healthy – 0pts	
to unhealthy options, e.g. it is more expensive to get extra veg – minus 2pts  Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  All meals the same price and all healthy – Opts  Healthy options are cheaper –	
If menu includes a meal deal: Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  to unhealthy options, e.g. it is more expensive to get extra veg — minus 2pts  All meals the same price — minus 1pt  All meals the same price and all healthy – Opts  Healthy options are cheaper — Opts	
If menu includes a meal deal: Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  to unhealthy options, e.g. it is more expensive to get extra veg — minus 2pts  All meals the same price — minus 1pt  All meals the same price and all healthy – 0pts  Healthy options are cheaper — 0pts  No, they are more expensive	
If menu includes a meal deal: Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  All meals the same price and all healthy – Opts  Healthy options are cheaper – Opts  No, they are more expensive and/or meal deals limit choices	
If menu includes a meal deal: Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  All meals the same price and all healthy – 0pts  Healthy options are cheaper – 0pts  No, they are more expensive and/or meal deals limit choices to options containing animal products a g it is more expensive and response to get extra veg – minus 2pts  All meals the same price – minus 1pt  All meals the same price and all healthy – 0pts  No, they are more expensive and/or meal deals limit choices to options containing animal products a g it is more expensive and response to get extra veg – minus 2pts  All meals the same price – minus 1pt  All meals the same price and all healthy – 0pts	
If menu includes a meal deal: Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  All meals the same price – minus 1pt  All meals the same price and all healthy – 0pts  Healthy options are cheaper – Opts  No, they are more expensive and/or meal deals limit choices to options containing animal products, e.g. it is more expensive to get extra veg  — minus 2pts  All meals the same price – minus 1pt  All meals the same price and all healthy – 0pts  No, they are more expensive and/or meal deals limit choices to options containing animal products, e.g. it is more expensive to get meat free and options options containing animal products, e.g. it is more expensive to get extra veg  — minus 2pts  All meals the same price – minus 1pt  All meals the same price and all healthy – 0pts  Opts	
If menu includes a meal deal: Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  If menu includes a meal deal:  Are meat free and dairy free meal deal  If menu includes a meal deal:  Are meat free and dairy free meal deal  to unhealthy options, e.g. it is more expensive to get extra veg — minus 2pts  All meals the same price — minus 1pt  All meals the same price and all healthy – Opts  Healthy options are cheaper — Opts  No, they are more expensive and/or meal deals limit choices to options containing animal products, e.g. it is more expensive to get meat free and dairy free options — minus 2 pts	
If menu includes a meal deal: Are healthier meal deal options given price promotions? Unhealthy = no veg, fruit or salad, high sugar, or inclusion of fried food  All meals the same price – minus 1pt  All meals the same price and all healthy – 0pts  Healthy options are cheaper – Opts  No, they are more expensive and/or meal deals limit choices to options containing animal products, e.g. it is more expensive to get extra veg  — minus 2pts  All meals the same price – minus 1pt  All meals the same price and all healthy – 0pts  No, they are more expensive and/or meal deals limit choices to options containing animal products, e.g. it is more expensive to get meat free and options options containing animal products, e.g. it is more expensive to get extra veg  — minus 2pts  All meals the same price – minus 1pt  All meals the same price and all healthy – 0pts  Opts	

	Tan	T
	All meals the same price and all	
	meat free and dairy free – 0pts	
	Meat free and dairy free options are cheaper – Opts	
	No indication of what is better	
Are healthy choices supported with information?	for you, or calorie labelling only	
	- Opts	
	5 a day information – 1pt	2pts
		•
	Sugar content and/or full	
	nutritional information – 1pt  None or minority of drinks from	
	list – Opts	
	Unlimited refills of sugary drinks	
	available – minus 4pts	
The only children's drinks listed on the	Unlimited refills of artificially	
menu should be: plain water, milk, pure	sweetened drinks available –	2pts
fruit juices, yoghurt or milk drinks (less	minus 2pts	2010
than 5% sugar), combinations of the above	Majority of drinks have no added	
	sugar or sweeteners – 1pt	
	All drinks have no added sugar	
	or sweeteners – 2pts	
Is tap water readily available (offered at	Yes – 0 point	
the table or self service)	No – 1 points	1pt
·	No information available or no	
Do meals contain problem additives and	policy/practice – Opts	
colourings? (see Food for Life Served Here	Policy/practice - additives &	2pts
standards)		
	i colouings not allowed - 7018	
	colourings not allowed – 2pts  No information available or no	
	No information available or no	
Do meals contain trans fats?	No information available or no policy/practice – 0pts	2pts
Do meals contain trans fats?	No information available or no	2pts
Do meals contain trans fats?  Family friendly	No information available or no policy/practice – 0pts Policy/practice - trans fats not	2pts
	No information available or no policy/practice – 0pts Policy/practice - trans fats not	·
	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts	·
	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all	·
Family friendly	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better	·
	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be	·
Family friendly	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements	·
Family friendly	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few	20 pts
Family friendly	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better	·
Family friendly	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it	20 pts
Family friendly	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it Score from 0-5	20 pts
Family friendly  Is the restaurant child friendly?	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it	<b>20 pts</b> 4 pts
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Family friendly  Is the restaurant child friendly?	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it Score from 0-5 0 - 0pts 1-2 - 1 pt 3-5 - 2pts	<b>20 pts</b> 4 pts
Family friendly  Is the restaurant child friendly?	No information available or no policy/practice – Opts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it Score from 0-5 0 - Opts 1-2 - 1 pt 3-5 - 2pts No – minus 2pts	20 pts 4 pts 2 pts
Is the restaurant child friendly?  Is there a good choice of food?	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it Score from 0-5 0 - 0pts 1-2 - 1 pt 3-5 - 2pts No – minus 2pts Yes, on request – minus 1pt	<b>20 pts</b> 4 pts
Family friendly  Is the restaurant child friendly?	No information available or no policy/practice – 0pts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it Score from 0-5 0 - 0pts 1-2 - 1 pt 3-5 - 2pts No – minus 2pts Yes, on request – minus 1pt Yes, as standard (or N/A, adult	20 pts 4 pts 2 pts
Is the restaurant child friendly?  Is there a good choice of food?	No information available or no policy/practice – Opts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it Score from 0-5 0 - Opts 1-2 - 1 pt 3-5 - 2pts No – minus 2pts Yes, on request – minus 1pt Yes, as standard (or N/A, adult cutlery not available in	20 pts 4 pts 2 pts
Is the restaurant child friendly?  Is there a good choice of food?  Is children's cutlery available?	No information available or no policy/practice – Opts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it Score from 0-5 0 - Opts 1-2 - 1 pt 3-5 - 2pts No – minus 2pts Yes, on request – minus 1pt Yes, as standard (or N/A, adult cutlery not available in restaurant) – Opts	20 pts 4 pts 2 pts
Is the restaurant child friendly?  Is there a good choice of food?	No information available or no policy/practice – Opts Policy/practice - trans fats not allowed – 2pts  Score from 0-4 0 – Not at all 1 – Not bad, could be a lot better 2 – Overall pretty good, could be several improvements 3 – Overall very good, a few small things could be better 4 – Brilliant, couldn't fault it Score from 0-5 0 - Opts 1-2 - 1 pt 3-5 - 2pts No – minus 2pts Yes, on request – minus 1pt Yes, as standard (or N/A, adult cutlery not available in	20 pts 4 pts 2 pts

	Yes, it was about right – 1pt	1 pt
	No – Opts	r -
Door the restaurant serve shildren's	Yes, on request – 1pt	
Does the restaurant serve children's portions of adult meals?	Yes, as standard (made clear on menu that this can happen) –	2 pts
	2pts	
Can children's meals come in different sizes?	No – 0pts	
	Yes, on request – 1pt	0
	Yes, as standard (indicated on menu) – 2pts	2 pts
Are activities provided for children? Are	No – 0pt	
they linked to healthy	Yes – 1pt	0
eating/provenance/sustainability/ environment?	Yes, linked to food/healthy eating – 2pts	2 pts
Are there baby changing facilities?	No – 0pts	1 pt
The there busy changing facilities:	Yes – 1pt	
Did restaurant staff treat your children	Yes – 1pts	1 pt
appropriately?	No – 0pt	
Are there high choire cyclichic?	No – 0pts	1 pt
Are there high chairs available?	Yes – 1pt	
Did children's food arrive at a suitable	No – 0pts	1 pt
temperature?	Yes – 1pt	
Does the food look appealing to you and	No – 0pts	1 pt
your children?	Yes – 1pts	
	No – 0pts	
Does the restaurant have signage	No, but restaurant has provided	
welcoming breastfeeding?	written policy on breastfeeding –	0 1
	1pts Yes, signage and policy – 2pts	2 pts
Are single use plastics used? (cups,	Yes – minus 1pt No – 0pts	0 pts
cutlery)	τνο → υρισ	
Out to Lunch 2024 Pledge:		5pts
'Undertake an internal audit of items purchased between November 2024 and March 2025 and report to the Soil Association on the proportion of ingredients and products which are ultra-processed, i.e. meet the NOVA group 4 definition.'  Specifically, this would involve:	Yes – 5pts No – 0pts	
<ul> <li>Auditing all ingredients and products purchased over a period of two months (any time between November 2024 and March 2025), identifying what percentage fall within NOVA categories 1, 2, 3 and</li> </ul>		

- 4. This would include both individual ingredients (e.g. meat, fruit, veg, rice, flour), and products or menu items that are bought in already made (e.g. breaded chicken, sauces, plant-based meat alternatives). Guidance on the NOVA classification and which products are in scope is available here.
- Providing a breakdown of the products and ingredients available specifically within the children's menu.